

coop deals

APR 17 - APR 30, 2024

shine more

INCLUSIVE TRADE PARTNER

Treat your hair with Giovanni's shampoo and conditioner. Giovanni is a veteran-owned brand that uses high-quality ingredients like avocado and olive oil. Buy one, get one free at the co-op!



Buy One, Get One

FREE

Giovanni

Shampoo or Conditioner

8.5-13.5 fl. oz., selected varieties



2/\$3

Epic
Snack Strips
.8 oz., selected varieties



2/\$4

Dr. McDougall's
Soup Cups
1.3-3.4 oz., selected varieties



3.99

Quinn
Pretzel Nuggets
5-7 oz., selected varieties



4.49

So Delicious
Organic
Coconutmilk
Creamer
32 fl. oz., selected varieties



4.49

Muir Glen
Organic Salsa
16 oz., selected varieties



9.99

American
Flatbread
Pizza
16.8-18.62 oz., selected varieties



BUY ONE, GET ONE FREE
wellness deals





Buy One, Get One
FREE

Sukin
Shampoo or Conditioner
16.9 fl. oz., selected varieties

love
your
body!



BUY ONE, GET ONE FREE **Wellness deals**



Buy One, Get One
FREE

Sappo Hill
Glycerine Creme Soap
3.5 oz., selected varieties



Buy One, Get One
FREE

Ultima Replenisher
Electrolyte Drink Mix
3.2-3.8 oz., selected varieties



Buy One, Get One
FREE

Ancient Nutrition
Multi Collagen
Protein Powder
16 oz.

Spring into these buy one, get one free deals!



Buy One, Get One
FREE

Liquid I.V.
Hydration Drink Mix
10 ct., selected varieties



Buy One, Get One
FREE

Bach
Rescue Remedy
Pastilles
35 ct., selected varieties



Buy One, Get One
FREE

Orgain
Nutritional or Protein Shake
11 fl. oz., selected varieties



Buy One, Get One
FREE

Whole Earth & Sea
Multivitamin & Mineral
60 ct., selected varieties



Buy One, Get One
FREE

Garden of Life
Vitamin Code
Multi Gummies
90 ct., selected varieties



Buy One, Get One
FREE

The Humble Co.
Mint Floss Picks
50 ct.

Find great **BOGO** wellness deals at the co-op.



inclusive trade

9.49

Alaffia
Everyday Shea
Bubble Bath
32 fl. oz., selected varieties



inclusive trade

9.49

Alaffia
Everyday Shea
Body Wash
32 fl. oz., selected varieties



inclusive trade

9.49

Alaffia
Everyday Shea
Shampoo or Conditioner
32 fl. oz., selected varieties



inclusive trade

9.49

Alaffia
Everyday Shea
Body Lotion
32 fl. oz., selected varieties

*fair trade,
cruelty free*

INCLUSIVE TRADE PARTNER

Alaffia is a Black-owned company on a mission to invest in a more equitable future. Your purchase of any Alaffia naturally luxurious skin, body and hair care product helps improve living conditions and supports an end to poverty.



10.49

Nutrition Now
PB 8 Vegetarian
Probiotic
60 ct.



19.99

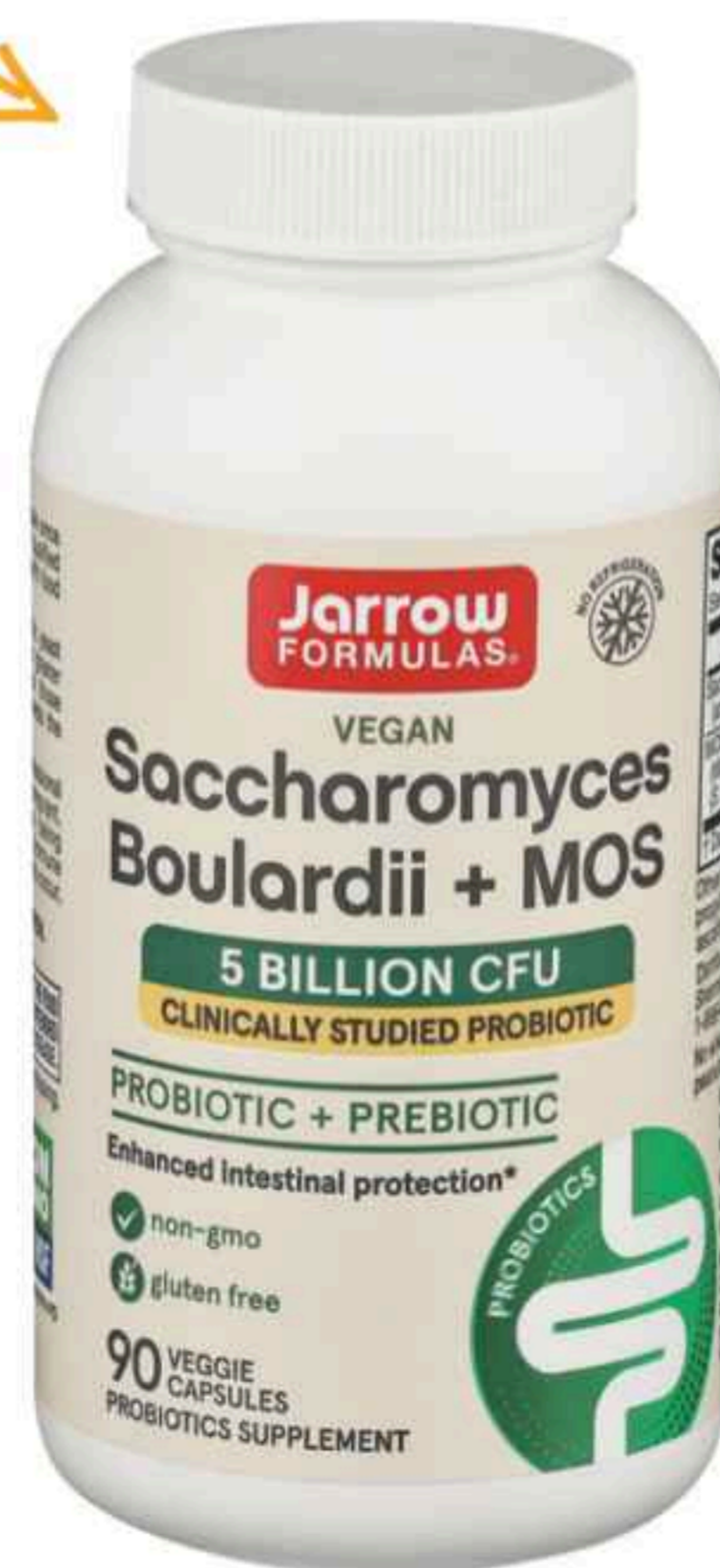
Barlean's
Organic Flax Oil
16 fl. oz., selected
varieties

go with your gut

Your gut health plays a key role in many of your body's systems — including your immune system. Experience the benefits of adding Jarrow Formulas® clinically studied probiotic to your routine.

25.99

Jarrow Formulas
Saccharomyces Boulardii
+ MOS
90 ct.



The co-op has wellness deals for spring.

*strength
in diversity*

**inclusive
trade**

ON-THE-GO GOODNESS

Co-ops are committed to creating a more just society by cultivating partnerships with businesses owned by people who identify as women, Black, Indigenous, people of color (POC), LGBTQIA+, persons with disabilities and veterans. Let's celebrate the strength that comes from diversity! Learn about some of our Inclusive Trade brand partners, and find Inclusive Trade products throughout the co-op.



Fillos



Wild Carrot Herbals



Deep Indian Kitchen



Giovanni



Three Trees



Alaffia



Purely Elizabeth

Co-ops are committed to inclusive communities.

Some items may not be available at all stores or on the same days



5.49

Vital Farms
Pasture-raised
Liquid Whole Eggs
16 oz.



5.99

Vital Farms
Pasture-raised
Large Grade A Eggs
1 doz.



7.99

Vital Farms
Pasture-raised
Large Grade A Eggs
18 ct.

*honest,
ethical food*

We're committed to improving the lives of people, animals and the planet through food — working with small family farms to bring you delicious eggs and butter you can trust.

crafted with less

No artificial anything.
Less sets you free.™

4.79

Siggi's
Skyr Yogurt
24 oz., selected varieties



INCLUSIVE TRADE PARTNER

Three Trees is a woman-owned company with a passion for creating nutritious, plant-based beverages using the wonders of the forest to provide clean ingredients.

5.49

Three Trees
Organic Plant-based Milk
28 fl. oz., selected varieties



2.79

Hail Merry
Snack Cups
1.5 oz., selected varieties



3.79

Good Karma
Flaxmilk
64 fl. oz., selected varieties

Great breakfasts start at the co-op.



3.29

Lightlife
Organic Tempeh
8 oz., selected varieties



2/\$8

Rebbl
Organic Elixir
12 fl. oz., selected varieties



4.49

Chobani
Oatmilk
52 fl. oz., selected varieties



2/\$6

Pop & Bottle
Organic Almond
Milk Latte
11 fl. oz., selected
varieties



6.49

Wallaby Organic
Greek Yogurt
32 oz., selected varieties

dairy-free organic yogurt

Come spoon organic cocojune! Dreamily delicious plant-based yogurt that's certified plastic neutral and full of science-backed probiotics.

5.99

Cocojune
Organic Coconut
Cultured Yogurt
16 oz., selected varieties



6.49

Uncle Matt's Organic
Orange Juice
52 fl. oz., selected varieties

The co-op helps you fuel up for active days.



3.99

Ithaca Hummus
10 oz., selected varieties



4.49

Violife Just Like Cheese Shreds
8 oz., selected varieties

experience India

INCLUSIVE TRADE PARTNER

Deep Indian Kitchen is owned by a third-generation Indian American family. We pride ourselves on being an authentic, restaurant-quality brand. Everything we make is from family recipes made from scratch.

2/\$10

Deep Indian Kitchen Entrées & Samosas
7.5-12 oz., selected varieties



4.49

Califia Farms Oatmilk
48 fl. oz., selected varieties



4.49

Organic Valley Parmesan Cheese
4 oz.



4.99

Organic Valley Cheese Slices
6 oz., selected varieties



5.49

Organic Valley Feta Cheese
8 oz.



6.99

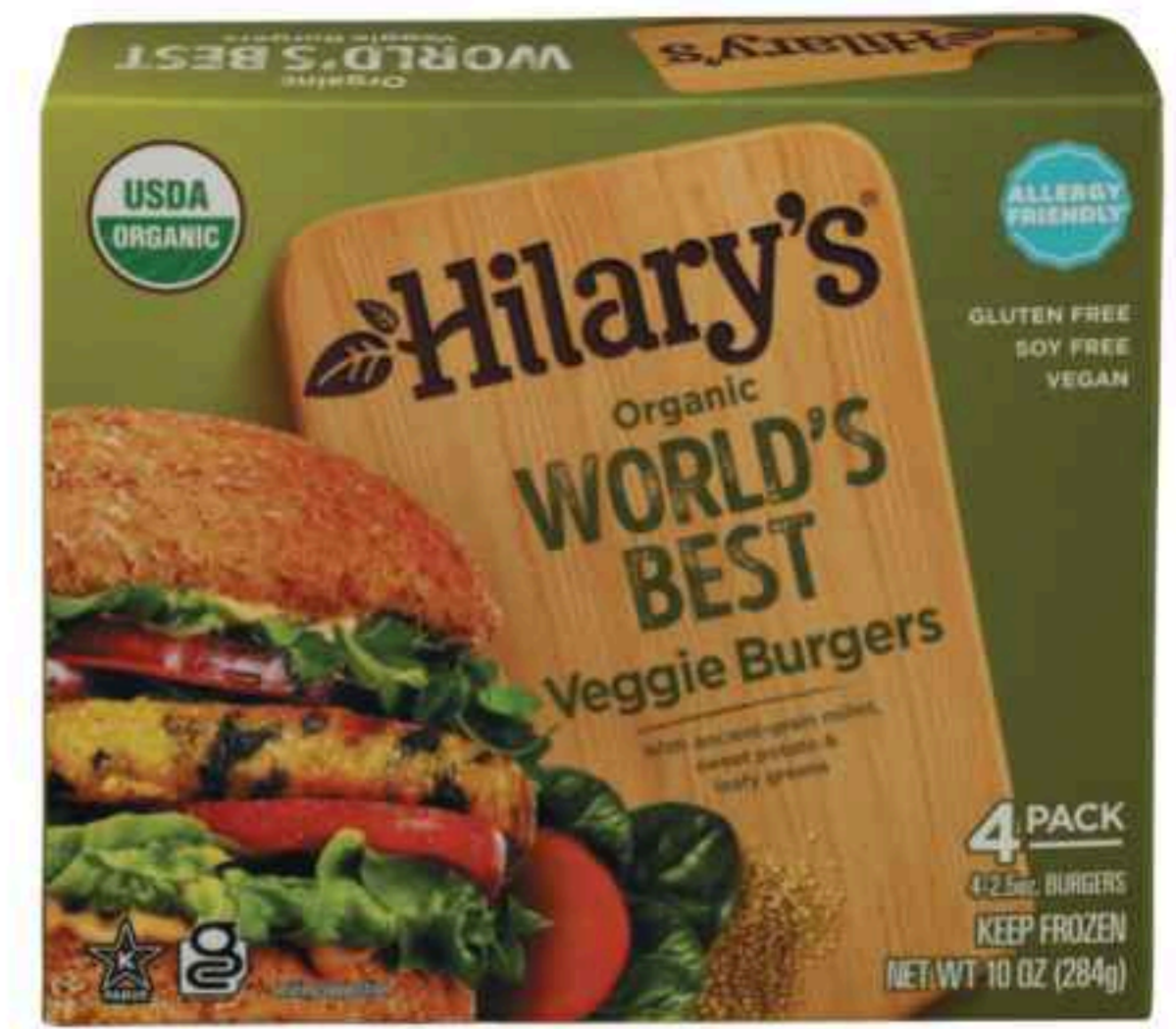
Organic Valley Grassmilk Raw Cheddar Cheese
8 oz., selected varieties

*pasture raised.
organic. delicious.*

COOPERATIVELY OWNED

From cheddar to Greek feta, we combine time-honored recipes with premium ingredients for irresistibly delicious cheese. All made with pasture-raised milk from small family farms that respect the land and all the plants and animals that live on it.

Check out grocery.coop for new recipes.



2.29 Red's Burritos
4.5-5 oz., selected varieties



4.29
Goodpop Frozen Novelties
9.9-13.2 fl. oz., selected varieties

2/\$8
Hilary's Veggie Burgers
10-11 oz., selected varieties



5.49
Sambazon Organic Acai Superfruit Packs
14.1 oz., selected varieties



2/\$5
Woodstock Organic Frozen Vegetables
10 oz., selected varieties



premium organic frozen pastas

Woodstock Organic Ravioli brings garden-fresh taste with freezer-ready convenience. Serve your ravioli with a sprinkling of olive oil, sea salt and Parmesan cheese, or experiment with your favorite sauces!

7.49

Woodstock Organic Filled Pasta
20 oz., selected varieties



5.99
Field Roast Plant-based Appetizers
10 oz., selected varieties

Find convenient meal options at the co-op.

INCLUSIVE TRADE PARTNER

Fillo's is a Hispanic-owned company. We offer a range of reimagined Latin staples that are packed with flavor and nutrients.



2.79 Fillo's Beans
10 oz., selected varieties



3/\$5
Steaz Organic Iced Tea
16 fl. oz., selected varieties



2/\$4
C2O Coconut Water
17.5 fl. oz., selected varieties



2/\$6
Annie's Macaroni & Cheese
5.5-6 oz., selected varieties



3.19
Jovial Organic Brown Rice Pasta
12 oz., selected varieties



4.99
Big Tree Farms Organic Coconut Aminos
10 fl. oz., selected varieties



5.99
Sky Valley Sriracha Sauce
18.5 oz., selected varieties



6.99
Carbone Pasta Sauce
24 oz., selected varieties



6.99
Tonnino Tuna Fillets
6.3-6.7 oz., selected varieties



4.99
Patagonia Provisions Tinned Seafood
4.2 oz., selected varieties



6.99
Sir Kensington's Mayonnaise
12 fl. oz., selected varieties



11.99
Nutiva Organic Fair Trade Virgin Coconut Oil
23 fl. oz.

There's something for everyone at the co-op.



2.39

Ardor Organic Sparkling Water
12 fl. oz., selected varieties

the cleanest, greenest chocolate

This Earth Month, indulge in better-for-you, better-for-the-planet chocolate. Alter Eco makes organic, fair trade, gluten-free chocolate that restores forests rather than depletes them.



2.79

Alter Eco Organic Chocolate Bars
2.65-2.96 oz., selected varieties



2/\$6

Kettle Brand Potato Chips
4.25-5 oz., selected varieties



2/\$7

Pipcorn Cheese Balls
4.5 oz., selected varieties



2/\$7

Barnana Organic Plantain Chips
5 oz., selected varieties



temptingly delicious crunch

Garden of Eatin' uses organic corn to craft their signature tortilla chips. The result is an unforgettable flavor and satisfying crunch... a deliciously strong chip that stands up to dip!



4.49

Annie's Organic Graham Crackers
14.4 oz., selected varieties



2/\$5 **Garden of Eatin' Tortilla Chips**
5.5 oz., selected varieties

The co-op has snacks for any party.

Some items may not be available at all stores or on the same days

changing the chocolate industry

COOPERATIVELY OWNED

Equal Exchange commits to sourcing from small farmer, fair trade co-ops, offering an ethical alternative to mainstream chocolate business models that rely on low wages and child labor. Our high-quality chocolates have the cleanest ingredients, with no additives or lecithins!



2/\$6

Equal Exchange Organic Chocolate Bars
2.8-3.5 oz., selected varieties



5.79

Equal Exchange Organic Chocolate Chips
10 oz., selected varieties



2/\$7

Equal Exchange Organic Tea
20 ct., selected varieties



9.99

Equal Exchange Organic Coffee
10-12 oz., selected varieties



taste the obsession

INCLUSIVE TRADE PARTNER

Purely Elizabeth is a woman-owned company. Elizabeth started Purely Elizabeth to make delicious food with nourishing ingredients to help you thrive on your wellness journey. When you eat better, you feel better.

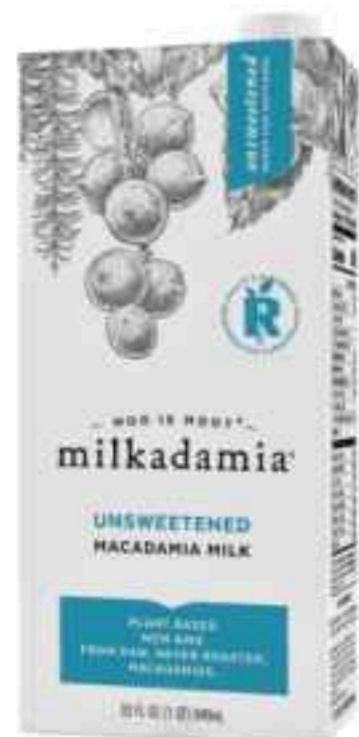
5.49

Purely Elizabeth Granola
8-12 oz., selected varieties



2/\$4

Rxbar Protein Bars
1.83-1.9 oz., selected varieties



4.79

Milkadamia Macadamia Milk
32 fl. oz., selected varieties



6.99

Sweetleaf Stevia Sweet Drops
2 fl. oz., selected varieties



8.99

Mount Hagen Organic Instant Coffee
3.53 oz., selected varieties

Find your favorite brands at the co-op.

Probar meal

When you need a quick, nutritious meal replacement, try PROBAR Meal Bars! With whole foods and natural ingredients, and blended for maximum nutrient density, they leave you feeling satisfied all day.



2.29

Probar Meal Bars
3 oz., selected varieties



2/\$7
R.W. Knudsen Organic Very Veggie Juice
32 fl. oz., selected varieties



2/\$8
Cascadian Farm Organic Cereal
8.6-14.6 oz., selected varieties



water done different

Discover a water brand you can finally be proud of. Sustainably sourced from pristine springs in the USA and always packaged in infinitely recyclable aluminum.

2/\$4

Proud Source Natural or Sparkling Spring Water
25.3 fl.oz., selected varieties



2/\$9
Annie's Organic Fruit Snacks
7 oz., selected varieties

scoop up the savings in bulk!



2.49
Organic White Quinoa
per pound in bulk



4.79
Organic Pumpkin Seeds
per pound in bulk



7.99
Organic Almonds
per pound in bulk

On-the-go snack options are at the co-op.

Never miss your **favorite deals**



coop deals®

Download the App!



Find your closest food co-ops

See what's on sale

Never miss your favorite deals

Scan the QR codes to
download the Co+op
Deals app!



Download the Co+op Deals app today!

made for sensitive skin

Seventh Generation
Free & Clear formulas leverage the power of bio enzymes to deliver a powerful clean without unnecessary ingredients. Plus, our Free and Clear formulas are made without fragrances or dyes, so it's gentle on your sensitive skin.



2/\$7
Seventh Generation
Liquid Dish Soap
19 fl. oz., selected varieties



5.99
Seventh Generation
Fabric Softener Sheets
80 ct., selected varieties



12.99
Seventh Generation
Liquid Laundry
Detergent
23.1-90 fl. oz.,
selected varieties



12.99
Seventh Generation
4X Liquid Laundry
Detergent
50 fl. oz., selected varieties



Find all your supplies at the co-op.
It's spring cleaning time.



4.79
If You Care
Parchment Baking Paper
70 sq. ft.



2/\$5
Green Forest
Facial Tissue
175 ct.



9.99
Green Forest
100% Recycled
Paper Bath
Tissue
12 ct.



11.99
Tru Earth
Laundry
Detergent Strips
32 ct., selected varieties



Celebrate Earth Day with products from the co-op.

Shop for fresh, delicious, local food at a co-op near you.

ILLINOIS

- Common Ground Food Co-op
- Dill Pickle Food Co-op
- Food Shed Co-op
- Green Top Grocery
- Neighborhood Co-op Grocery
- Sugar Beet Food Co-op
- Wild Onion Market

INDIANA

- 3 Rivers Natural Grocery
- Bloomingfoods Market and Deli
- Maple City Market
- Purple Porch Food Co-op

IOWA

- New Pioneer Co-op
- Oneota Community Co-op
- Wheatsfield Cooperative

KANSAS

- The Merc Co+op

KENTUCKY

- Good Foods Co-op

MICHIGAN

- Grain Train Natural Foods Market
- GreenTree Co-op Market
- Keweenaw Co-op Market & Deli

- Marquette Food Co-op
- Oryana Community Co-op
- People's Food Co-op – Ann Arbor
- PFC Natural Grocery & Deli
- Ypsilanti Food Co-op

MINNESOTA

- Bluff Country Co-op
- City Center Market
- Cook County Co-op
- Eastside Food Cooperative
- Good Earth Food Co-op
- Hampden Park Co-op
- Harmony Natural Foods Co-op
- Just Food Co-op
- Lakewinds Food Co-op
- Linden Hills Co-op
- Mississippi Market
- Natural Harvest Food Co-op
- People's Food Co-op – Rochester
- River Market Community Co-op
- Seward Community Co-op
- Spiral Food Co-op
- St. Peter Food Co-op & Deli
- Valley Natural Foods
- Wedge Community Co-op
- Whole Foods Co-op

NEBRASKA

- Open Harvest Cooperative Grocery

OHIO

- Phoenix Earth Food Co-op

SOUTH DAKOTA

- Natural Abundance Food Co-op
- Sioux Falls Food Co+op

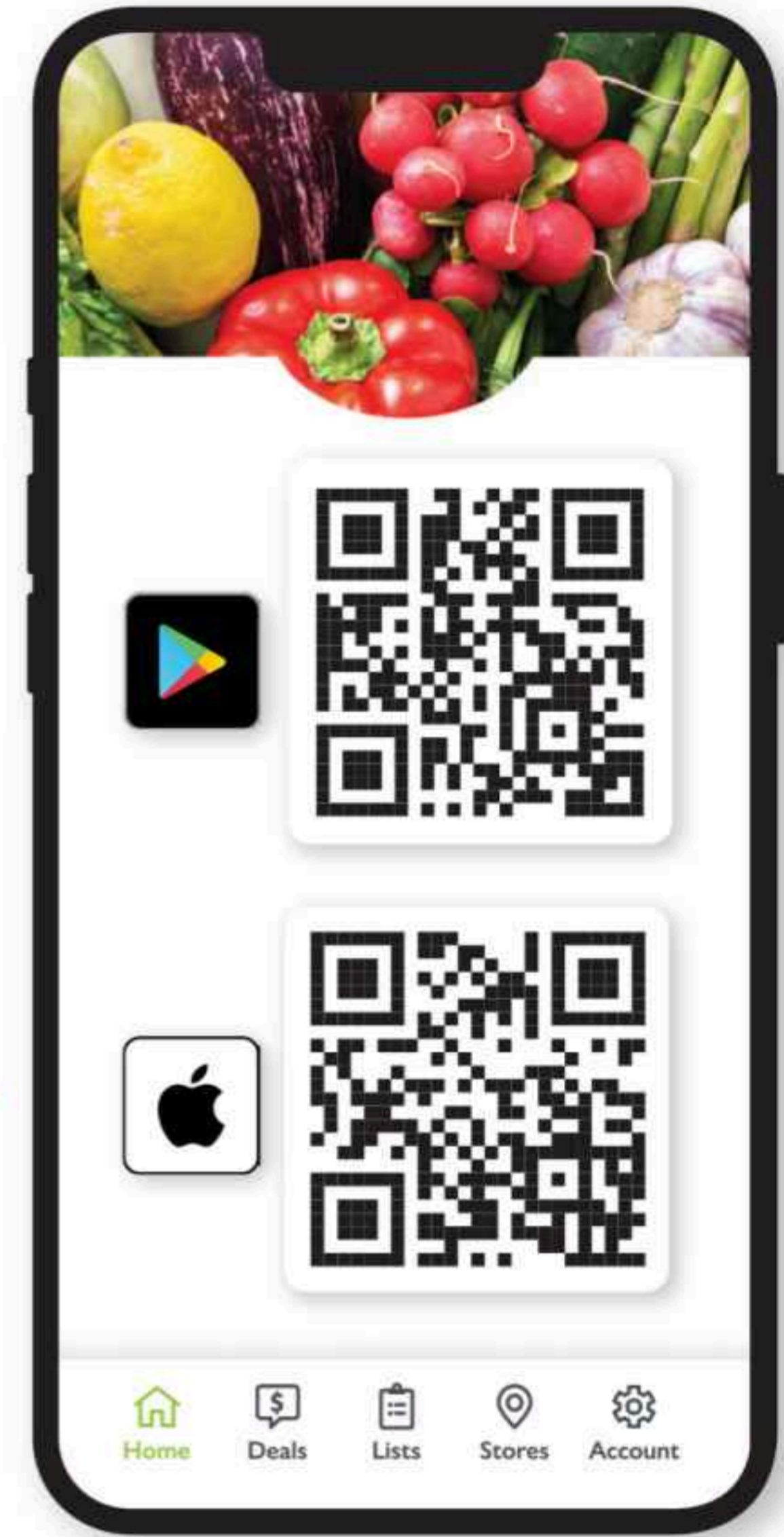
WISCONSIN

- Basics Cooperative Natural Foods
- Chequamegon Food Co-op
- Hudson Grocery Cooperative
- Menomonie Market Food Co-op
- Oshkosh Food Co-op
- Outpost Natural Foods Co-op
- People's Food Co-op – La Crosse
- Viroqua Food Co+op
- Whole Earth Market Co-op
- Willy Street Co-op

See what's on sale with the Co+op Deals app!

coop deals.

Download the App!

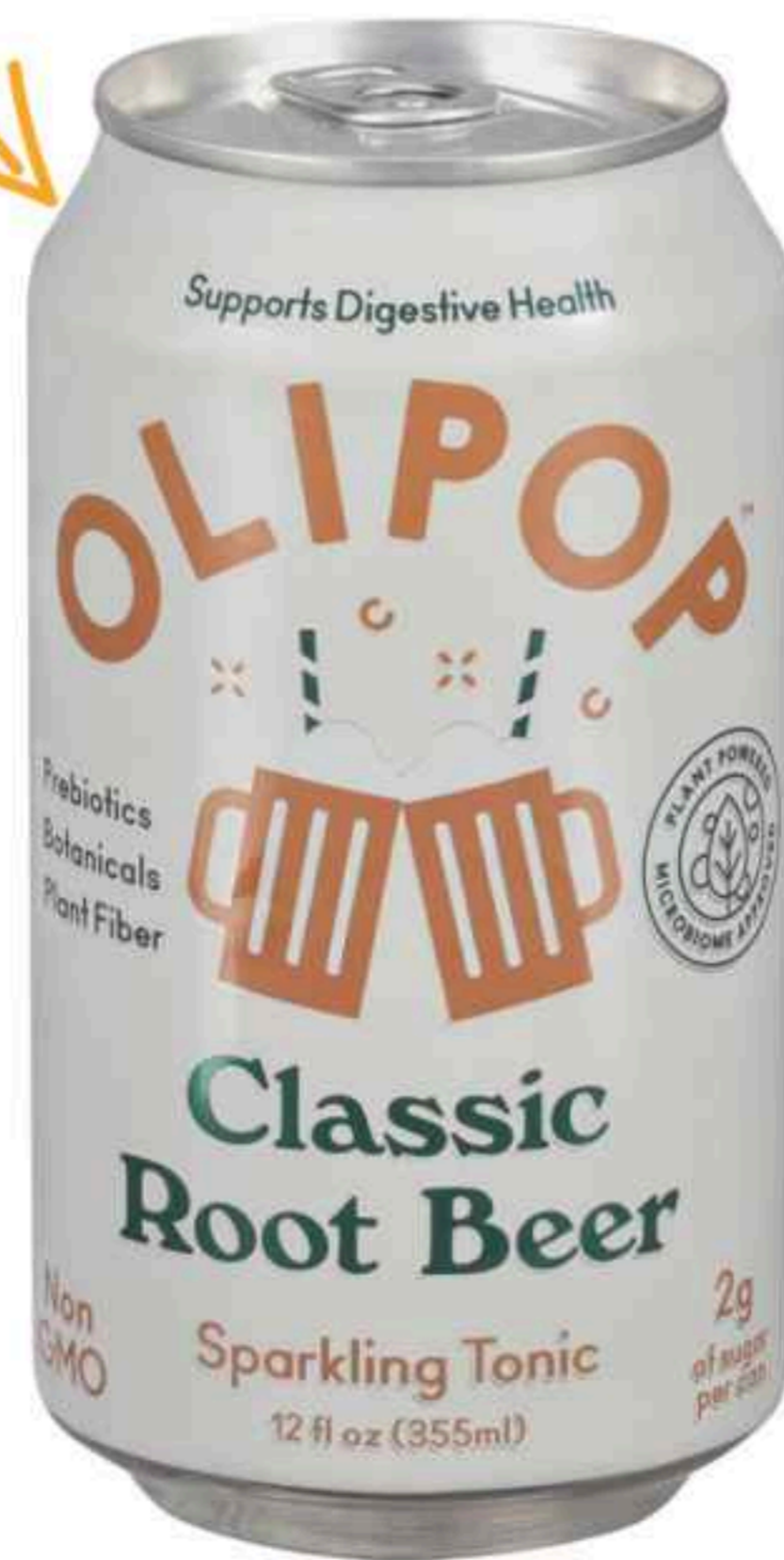


a new kind of soda

OLIPOP tastes like the soda you grew up sipping, but with the added benefit of digestive health support. With plant fiber, prebiotics and botanicals, we made soda healthier AND more delicious!

2/\$4

Olipop
Prebiotic Soda
12 fl. oz., selected varieties



3/\$5

Kind
Bars
1.4 oz., selected varieties



Scan the QR code to learn more about the quality and values represented by these symbols.



Some items may not be available at all stores or on the same days.

MW0424B

